

"LETTING GO"

- To "let go" does not mean to stop caring—
it means, "I can't do it for someone else."
- To "let go" is not to cut myself off—
it's the realization, I can't control another.
- To "let go" is not to enable—
but to allow learning from natural consequences.
- To "let go" is to admit powerlessness—
which means the outcome is not in my hands.
- To "let go" is not to try to change or blame another—
it's to make the most of myself.
- To "let go" is not to care for—
but to care about.
- To "let go" is not to fix—
but to be supportive.
- To "let go" is not to judge—
but to allow another to be a human being.
- To "let go" is not to be in the middle arranging all the outcomes—
but to allow others to affect their own future.
- To "let go" is not to be protective—
it's to permit another to face reality.
- To "let go" is not to deny—
but to accept.
- To "let go" is not to nag, scold, or argue—
but to search out MY own shortcomings and correct them.
- To "let go" is not to adjust everything to my desires or comfort—
but to take each day as it comes and cherish myself in it.
- To "let go" is not to criticize and regulate anybody—
but to try to become what I dream I can be.
- To "let go" is not to stay stuck in the past—
but to grow and live for the future.
- To "let go" is to fear less—and love more.

Author Unknown